



SCHOOL OF HEALTH SCIENCES

News & Updates

**MASTER OF HEALTHCARE
ADMINISTRATION**

ALUMNI EVENT



University of
New Haven



Dean's Office Welcome

I hope everyone had some time over the recent holidays to relax and rejuvenate! For the past several years, I have developed the ritual of choosing a word or phrase to reflect on throughout the year. The words seem to just come to me, and have been beneficial for to me focus on throughout the year. This year, two words found me: joy and light. I have been thinking about how to bring more joy into my daily life and live with more light and lightness. What words might you choose to reflect on for the year?

We are looking forward to the spring 2024 semester with record student enrollment in many of our programs. In this newsletter, we look back over the fall semester. You will read about faculty and student accomplishments and community involvement. Enjoy!



Fall 2023

SHS Updates

Justice Department earmark for the Community Based Gun Violence Reduction Project Awarded

U.S. Sen. Richard Blumenthal recently visited campus to announce funding for the University's Lee College and School of Health Sciences that will support the use of data analytics in helping to prevent gun violence.



SHS IPE Committee Hosts Event Focusing on Harm Reduction in Healthcare Settings

Exploring ways to promote safety, trust, and compassion for individuals who use drugs.

Participants attending this interprofessional event reviewed epidemiology of the overdose crisis, infectious disease and complications from substance use, and learned to identify ways to reduce stigmatizing language and behavior. More than 35



students from Paramedicine, Public Health, Speech-Language Pathology and Dental Hygiene attended the event. Students who contributed to the break-out discussion sessions received certificates of participation. This event was offered through the Center to Advance IPE / Tufts University School of Medicine.

U.S. Senator Speaks to University's Public Health Students



As part of their "Law and Public Health" class, graduate students have had the opportunity to hear from a variety of prominent poliymakers and leaders this semester, including U.S. Senator Richard Blumenthal and Connecticut Comptroller Sean Scanlon. Taught by Dr. Audrey Blondin and Dr. Matthew Blondin, the class offered students the chance to engage with leaders who offered their perspectives on the issues students have been discussing in the classroom and following in the news.

Fall 2023

Faculty Updates

Health Sciences Professor Publishes Impactful Research in Prestigious Journal

In collaboration with his former Harvard colleagues, [Alvin Tran, Sc.D., MPH](#) is a co-author of a new academic paper recently published in the American Journal of Preventive Medicine exploring patterns in how sexual-minority men notice and respond to the calorie labels on restaurant menus.



Faculty Publications



[The Barbell Back Squat Exercise](#)
ACSM's Health & Fitness Journal
By Peter Ronaj, M.S., FACSM, ACSM-CEP, ACSM-EP, EIM, CSCS & Kevin Gendron, M.S., CSCS

Volunteering with UNewHaven SAAC to Support Make-A-Wish CT

On October 28th, undergraduate Public Health Program Director, [Deborah List, Ph.D.](#) joined UNewHaven SAAC in their community service efforts and their support of Make-A-Wish CT. Over the past few years, the organization has raised funds and provided assistance to wish kids.



As a wish granter since 1993 and a wish mom herself, Deb was thrilled to express gratitude to our student athletes for their amazing contributions. During the event, the football team welcomed Wish Kid, Anthony, to a game, while the cheer and dance team invited Wish Kid, Chloe, to join in. Our student athletes were incredible with the kids and both families were extremely grateful for the experience.



In the Media



Decongestant Dilemma-FOX 61

Dr. Karl Minges discusses the effectiveness of some nasal decongestants, following a recent panel ruling by the Food and Drug Administration.



CT Supreme Court hears arguments on the removal of religious vaccine exemptions for schools

Dr. Audrey Blondin, an adjunct professor of population health and leadership, discusses a case before the Connecticut Supreme Court on restoring vaccination exemptions on the basis of religion in the public school system.



Nutritionists caution against processed foods; healthy diet still possible

Allison Arnett, a lecturer of nutrition sciences, discusses how some processed foods can help stretch your grocery budget to have healthy food on the table.



Dr. Pavani Rangachari discusses opportunities such as retail care and outpatient care that create a less stressful environment for nurses than working in a hospital.



Dr. Pavani Rangachari's published paper, The Untapped Potential of the Quadruple Aim of Primary Care to Foster a Culture of Health, was cited in a Forbes discussing five principles to improve the patient experience.



Dr. Pavani Rangachari says upcoming Medicare changes are good news regarding affordability and coverage

Fall 2023

Student News



Pradeep Rajbhandari '23 MPH awarded at the annual International Conference of the American Academy of Otolaryngology

Congratulations Pradeep on winning the International Scholar Award and Grant as well as the Young Physician Section Award at the AAOHNS conference on September 30th 2023. Pradeep also presented a scientific paper titled "Modified Endoscopic Sandwich Cartilage-Perichondrium Myringoplasty- An Innovative Technique"

Nutrition Sciences Major Explores Classmates' Passions for Paramedicine

Beatrice Glaviano '26 is enjoying the EMT course she's taking this semester, and it inspired her to ask her classmates why they are passionate about their majors.



Check out student blogger & Nutrition Sciences Major: Beatrice Glaviano '26



Nutrition Sciences Major Discusses Periods and Nutrition

Charger Blogger Breaks Down Her Approach to Budgeting

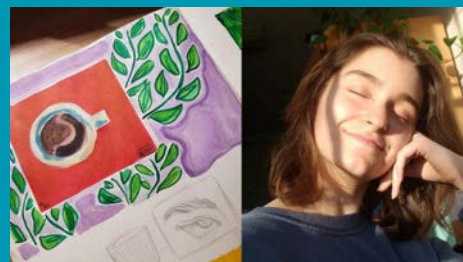
Nutrition Sciences Major Offers Tasty Breakfast and Snack Ideas

Nutrition Sciences Major: 'College, in a Way, is a Permission Slip'

Nutrition Sciences Major Explores Favorite Local Places to 'Study, Adventure, and Snack'

Charger Blogger Reflects on the Impact of Seasonal Depression and Balancing Many Responsibilities as a Student

Charger Blogger, Nutrition Sciences Major Discusses Eating Disorders



Fall 2023

Student News



MPH Candidate: 'An Internship is the Key that Unlocks the Door to Your Employment Opportunities'

Vishwa Shah '24 MPH is looking forward to beginning a new internship that, she believes, will offer exciting learning opportunities. She also encourages her fellow Chargers to pursue internship opportunities and to develop confidence in themselves.



Students attend CT Public Health Assoc. Conference

On October 25th over fifty undergraduate and graduate public health students attended the Connecticut Public Health conference to great success! BS Public Health Program Director, Deborah List, Ph.D. also presented "A Competency Model for Food Access" at the conference with colleagues from the Center for Social Impact at Fairfield University.



1,100 Smiles Brightened at Free Dental Clinic

This fall the Dental Hygiene Program faculty and junior class volunteered at CT Mission of Mercy, a free dental clinic providing the underserved and uninsured residents of Connecticut. This year it was held in New Haven CT and over 1000 patients were treated with over a million dollars in donated dental care! Students volunteered in sterilization and patient education while some escorted patients throughout the clinic and served as translators. This event brought the students and faculty together as a team to serve the community.



Dental Hygiene Public Health Lab Food Drive

Dental Hygiene Public Health Lab held a food drive on 11/3 at the Rec center. Students and faculty donated nonperishable food items. We collected over 200 canned and boxed food items. They will be donated to a local high school in New Haven CT who has a food pantry for their students and their families.



Fall 2023

Student News



Chargers Call Participation in Public Health Conference A 'Truly Transforming Experience'

Two candidates in the University's Master of Public Health program recently earned scholarships from the Society for Public Health Education (SOPHE) that enabled them to attend a leading public health conference in Washington, D.C.



EMS Expo Lunch & Learn

The Paramedicine Program participated in the 2023 EMS/Fire Pro EXPO hosted at Foxwoods Casino. The EXPO provided a venue for SHS to present its wide range of programs including a special "Lunch and Learn" event tailored for high school students from both Connecticut and Rhode Island. Throughout the two-day event, faculty, engaged with a total of 151 high school students to promote and provide information about all the Paramedicine and all other programs offered within the School of Health Sciences.



Exercise Science Program attends NEACSM Fall 2023 conference

Exercise Science faculty & students, Devyn Rodrigues, Natalia Deponte, Dylan Molloy and Joshua Santos, attended the New England Chapter of the American College of Sports Medicine's Fall 2023 conference in Springfield MA. Their experience at the conference included learning opportunities and participating in workshops/presentations from experts in the field.



Public Health Graduate Student Discusses Success at Conference, Research Opportunities, and Impact of Mentorship

Pradeep Rajbhandari '24 MPH recently attended the [American Public Health Association](#) annual meeting in Atlanta, receiving two prestigious awards from the Student Assembly for Campus Liaison of the Year and the Keogh Memorial Occupational Health and Safety Section Scholarship Award.

Spring 2024

Upcoming Events

SAVE THE DATE

MASTER OF HEALTHCARE ADMINISTRATION

ALUMNI EVENT

THURSDAY, MAY 16, 2024

Spring 2024

Upcoming Events

Give Kids A Smile®



The University of New Haven Dental Hygiene Program will be hosting a Give Kids a Smile Event! Free preventive services will be provided for kids and adolescents, aged 3-18.

The FREE services provided by University Dental Hygiene students and faculty include: dental cleaning, oral cancer screening, sealants, fluoride, dental hygiene education, and x-rays. Referrals will be provided for any restorative services, like cavity fillings, that are needed.
Appointment REQUIRED. Call: (203)931-6028.

ADA American Dental Association*

Free Dental Services for Your Child

Date: Saturday February 10, 2024

Time: 8:15 am or 10:00 am appointments

Location: Univ of New Haven Dental Clinic

419 Boston Post Rd, West Haven

**For more information,
please contact:** Dental Hygiene Clinic (203) 931-6028